

Long Canoe Trip Packing List

Embarking on a canoe trip is an integral part of every camper's journey at TSC. Whether it's a 1 night overnight or a 50-day Canoe Trip, all campers share the same basic needs for their adventure. While basic items remain the same, those going on a canoe trip with a food drop may want to consider a few extra items.**

To prepare for trip packing, understanding the distinction between 'wet' and 'dry' clothing is important. Your wet clothes should be quick-dry materials suited to the outdoors. These clothes are intended for wear during the day on portages and on the water.

Your dry clothing is for use at the campsite and at night. These items should prioritize warmth (especially for those August nights), while still remaining compact. Please avoid bulky items. Your Dry clothes and sleeping bag will all be packed into your drybag (more details below).

only campers on Kipawa, Quetico, Bisco and 50 day trips need to worry about food drops

Wet Clothes:

- 1 PAIR of HIKING SHOES (aim for lightweight, quick-dry materials)
- 1 THERMAL/QUICK-DRY SHIRT
- 1 QUICK-DRY LONG SLEEVE
- 1 PAIR of QUICK-DRY SHORTS
- 1-2 PAIRS OF SOCKS
- 1 BATHING SUIT
- 1 SPORTS BRA (WAPOMEQ)
- 1 RAIN SUIT (Jacket and Pants. Very Important - the suit should be windproof and waterproof)
- 1 HAT (with brim, to prevent sunstroke)
- 1 PAIR OF SUNGLASSES
- 1 LIFEJACKET WITH A WATERPROOF WHISTLE ATTACHED
(must be government approved by the Ministry of Transport. Any camper who does not have a waterproof whistle will be required to purchase one from the tuck shop.)
- 1 PADDLE (this item may be purchased at our Tuck Shop or bought at an outfitting store)

Optional/Extras:

- SMALL INFLATABLE PILLOW
- CARDS
- BOOK/JOURNAL
- LETTER WRITING MATERIAL (mail can be sent from food drops)
- TOWEL/SHAMMY (not bulky)
- FANNY PACK
- BRUSH/COMB
- SOAP (biodegradable)

Dry Clothes:

- 1 PAIR LIGHTWEIGHT SHOES (appropriate for campsite, i.e crocs)
- 2 PAIRS of SOCKS
- 1 PAIR of LONG UNDERWEAR/ FLEECE PANTS
- 1 T-SHIRT
- 1 FLEECE JACKET/SWEATSHIRT
- 2-3 PAIRS of UNDERWEAR/BOXERS
- 1 TOQUE
- 1 SLEEPING BAG (warm but not bulky, stuff sack optional)
- 1 WATERPROOF DRY BAG (30 L). Bigger than 30L is **not** appropriate. Please ensure it can fit all dry clothing and sleeping bag.

Personals:

- THERMAREST/SLEEPING PAD (must be thin, not bulky air mattress)
- HEADLAMP (i.e Petzl)
- BUG SPRAY
- SUNSCREEN SPF 30+
- BATTERIES (for headlamp)
- TOOTHBRUSH & PASTE*
- PLASTIC WATER BOTTLE*
- TAMPONS/PADS* (cardboard applicators)

*While we do have some personal items available for sale to replenish, please send your camper with supplies to start their stay!

Food drops:

Food drops happen every 10-14 days. They only apply to campers going on Kipawa, Quetico, Bisco and 50 day.

- 2 PAIRS "WET" SOCKS
- 2 PAIRS "DRY" SOCKS
- 3 PAIRS UNDERWEAR
- SUNSCREEN & BUG SPRAY
- TOOTHPASTE/TOOTHBRUSH