ALL I REALLY NEED TO KNOW I LEARNED AT SUMMER CAMP

THE TOP 10 BENEFITS OF SUMMER CAMP





Are you looking for an experience that can change lives?

Are you eager to have your child or a young person you know have the adventure of a lifetime?

Are you looking for something impactful, fun, and educational all at once?

If so, then we have the perfect summer solution: overnight summer camp.

Taylor Statten Camps (TSC) has been running the brother and sister camps—Camp Wapomeo for girls and Camp Ahmek for boys—on Canoe Lake in the famed Algonquin Park for 100 years. The magic that is created each and every summer is unparalleled in the lives of young people.

Campers and staff are exposed to a wonderful, natural, exhilarating world rooted firmly in the Canadian wilderness.

For many, overnight summer camp is a right of passage—it's the portal through which our youth grow into adults; it's a time spent developing life-long friendship bonds, a confidence of mind, and a respect for our surrounding environment. The love, stewardship, and wonder of the days spent on Canoe Lake and on our famous canoe trips, sets your child up to be the absolute best they can be for the rest of their lives.

David JefferiesVice President, Operations Director HR Ahmek Director





If you've ever been to Summer camp as a child, you will not be surprised to hear about the benefits of attending summer camp. Experiencing life at camp, away from your parents (possibly for the first time) as a child, you'll know the profound positive effects that still matter to you as an adult. Summer camp is important for childhood development, and in so many ways.

If you didn't get a chance to go to camp as a child, you may not realize just how wonderful the experience is for children. You may not know why so many parents are committed to sending their kids to camp.

Here is The Taylor Statten Camp's list of the most important benefits of summer camp.

10. GET ACTIVE

As children spend so much time these days inside and mostly sitting down (and often staring at a screen), camp provides a wonderful opportunity to be physically active every day. Paddling, swimming, canoeing, sailing, climbing. The list goes on and on! Camp Ahmek & Camp Wapomeo = Action!

9. BUILD CONFIDENCE

Experience success, defeat, and everything in between. Our activities at camp help campers build self-confidence and self-esteem by removing the academic and social competition that shapes their lives at school during the rest of the year. With its diverse opportunities to succeed, camp life at Ahmek and Wapomeo is a real boost for young people. There's accomplishment every day. Camp teaches kids that they can succeed, and be proud of what they have achieved alone and together.



8. GAIN RESILIENCY

The kind of encouragement and nurture kids receive at Camp Ahmek and Camp Wapomeo makes it a great environment to endure setbacks, try new (and thereby maybe a little frightening) things, and see that improvement comes when you give something another try. Camp helps kids deal with and conquer their fears.

7. UNPLUG From Tech

When kids take a complete break from Social Media, TV & Netflix, mobile phones, and the Internet, they rediscover their creative powers and engage in the real world—real people, real activities, and real emotions. They realize, there's always plenty to do and what nature has to offer. Camp is real!



6. DEVELOP LIFE-LONG SKILLS

Camps Ahmek and Wapomeo provide the right instruction, equipment, and facilities for kids to enhance their sports and canoe tripping abilities, their artistic talents, and their adventure skills. The sheer variety of activities offered at camp makes it easy for kids to discover and develop what they like to do, both at the time, and as they begin to craft ideas about their future lives and careers. Camp expands every child's interest, abilities, and learning.

5. GROW MORE INDEPENDENT

Camp is the perfect place for kids to practice making decisions for themselves without parents and teachers guiding every move.

Managing their daily choices in the safe, caring environment of camp, children welcome this as a freedom to blossom in new directions, with help and guidance from their counsellors and camp staff who are closer in age. Camp helps kids really develop who they are, many of whom are spending their first nights away from their parents.



4. PLAY, UNSTRUCTURED

Free from the often overlystructured, overly-scheduled routines of home and school, life at Camp Ahmek and Camp Wapomeo gives children much needed free time to just play. Camp is a slice of carefree living where kids can relax, laugh, and just be themselves all day long. At camp we play, every day.

3. LEARN SOCIAL SKILLS

Coming to camp means joining a close-knit community where everyone must agree to cooperate and learn to live with and respect each other. When they live in a cabin with others, kids share chores, resolve disagreements, and see firsthand the importance of sincere communication—all organically building the self-confidence of the kids. Camp provides the framework for teamwork skills that will be required as they move through their lives.



2. RECONNECT WITH NATURE

Camp is a wonderful antidote to "being glued to a mobile phone"; to escape the experience of modern indoor life. Outdoor experience enriches children's perception of the natural world and supports healthy child development. Camp gets kids back outside, and makes them really appreciate it and want to come back for more.

1. MAKE LIFE-LONG FRIENDS

Camp is the place where kids make their very best friends. Free from the social media expectations pressuring them at school, camp encourages kids to relax and make friends easily. All the fun at camp draws everyone together—singing, laughing, talking, playing, doing almost everything together. Everyday, camp creates friendships that last a lifetime.





THE TAYLOR STATTEN CAMPS KEY DIFFERENTIATORS

- 100 Years: The Taylor Statten Camps have a rich history of providing a diverse and engaging natural environment for kids to explore, learn, and grow, along with their peers.
- **9** Brother & Sister Camp: Camps Ahmek and Wapomeo are the longest running brother and sister camps in North America. This connected but separate relationship of the two camps provides for the optimum social engagement between the campers.
- **Canoe Trips:** The Wapomeo and Ahmek canoe trips, an integral component of the TSC camp experience, creates an unparalleled social and wilderness environment that naturally teaches teamwork, empathy, critical thinking, and independence.



